

## STIR FRY

I like to make this recipe after a night of fondue since we usually have tons of leftover meat and cut up vegetables.

1 1/2 tbsp sesame oil  
1 clove garlic  
1/4 tsp ginger  
1 tbsp soya sauce  
1 tbsp corn starch in water

meat - chicken, beef, pork, shrimp ....

veggies - broccoli, carrots, mushrooms, onions, snow peas,  
cauliflower ...

Stir fry meat and set aside. Stir fry veggies. Add meat to veggies and add sauce. Thicken sauce with corn starch just prior to serving.